



## **Special Needs Project: *Building Family Resilience***

### **Discussion Group for Couples**

Ackerman is offering a four-session discussion group for couples who have children with developmental disabilities such as autism, ADHD, learning disability or sensory processing disorder. The group is facilitated by experienced family therapists who understand the needs of these families. The sessions include discussion and activities to address co-parenting challenges and to promote communication, coping, problem solving and relationship skills. The goal is for participants to nurture the co-parenting relationship and experience support from other parents who share similar challenges and dreams for their children.

**Dates: Wednesdays, September 20, 27; October 4, 11, 2017**

**Time: 9:30-11:00 a.m.**

**Cost: \$240 per couple (there is a sliding scale option)**

**Location: Ackerman Institute for the Family, 936 Broadway (btw 21<sup>st</sup> & 22<sup>nd</sup> St)  
NY, NY 10010**

**Registration: For intake and information please contact:  
Sara Goldsmith, NCSP, Group Facilitator: qsarag@gmail.com**

**[www.centerforthedevelopingchildandfamily.org](http://www.centerforthedevelopingchildandfamily.org)**