

Playing is Learning

Playtime is FUN and an important part of the parent-child relationship.

Sharing in your child's playtime activities and enjoying this time together shows him how much you care and how important he is to you. It also encourages him to play and learn more!



Playtime Steps to Support Success:

- W **Wait** and **watch** what child does
- A **Attune** to child's feelings and **acknowledge** what he/she is doing
- I **Interact** and enjoy
- T **Teach** something new (maybe...)





At-Home Activity:

Think about the many materials you have at home that your child could play with or learn from (e.g., plastic containers, small kitchen objects, boxes). See if you can find enjoyable ways of playing together with these materials. As you play, write down what you did and what you think your child liked.

◇ What we used to play : _____

◇ What we did: _____

What my child liked about the activity: _____

◇ What we used to play : _____

◇ What we did: _____

What my child liked about the activity: _____

◇ What we used to play : _____

◇ What we did: _____

What my child liked about the activity: _____
